



Sample Kreek Speak Testimonials

"From the moment we hired Adam on to deliver the keynote address at our employee conference, we knew we had someone special. Our conference theme of Power with Purpose was strengthened with Adam's complimentary and relevant presentation. Utilizing company specific examples, Adam had our 200 attendees captivated and engaged from the moment his multi-media presentation began.

Illustrating relevant examples of how our day-to-day personal and professional lives can parallel the challenge and rewards of training and competing within a team, Adam's alluring and inspiring tales of his own experiences not only held the audience to the edge of their seats, but provided inspiration and motivation to use the tools to reflect, learn, grow, and let it go in all areas of our lives.

By tailoring and customizing his presentation, Adam ensured our corporate messaging remained on target. Truly a man of his word, Adam spent time with our team both before and following his keynote, intent on learning as much about our company as he could. Adam's charismatic personality shines through as someone who is warm with passion and excited by life. This translated into several staff members speaking about him for days following the event; true evidence of a gold medal performance!

Best wishes for continued success."

- President & CEO, Concentra Financial

"Thank you for a great Opening Address at our Annual General Meeting. Everyone is still talking about it! Your presentation was timely and on target to help our team deal with the changes and challenges our organization is currently facing. The practical concepts and tools that you shared have provided each of us with relative inspiration and motivation. It is really great to see how the team responded to your presentation.

I was not prepared for your enthusiasm and energy, and thoroughly enjoyed your style of presentation. You were able to put across a powerful message in a captivating way. You had our team laughing, nodding and participating all the way through. You have a unique ability to craft your message to be easily understood, while making it fun, interesting and memorable.

It was a pleasure meeting you and I appreciate and value the contribution you made in making our Annual General Meeting a success."

- Chief Executive Officer, Seymour Pacific Developments Ltd.



"Adam was able to give context to the challenges of achieving personal best performances by putting the teams' goals first, in support of a mission. He is credible, clear and articulate and he connects with his audience. Adam is a high functioning individual; his intelligence and passion are balanced with an unfailing sense of humour that is not lost on his listeners. Anyone who dares to dream will be moved by Adam's perspectives on making something a reality."

- Lieutenant Colonel Director of Cadets, Royal Military College

"Adam is exemplary as a speaker, a teacher, and an expert on what it takes to succeed in a globally competitive endeavor. He teams with you to help make you a winner -- and he drives the enthusiasm of your colleagues to help you achieve your goals! You can find no finer gold, than the gold in Adam Kreek."

- Executive Vice President, CATA Canadian Advanced Technology Alliance

"I just have to say again how delighted we were with your participation at our conference. You maintained the perfect tone for our audience and I've had countless people commenting to me how much they enjoyed your presentation for days afterwards! Best of luck with your future endeavours!"

- A/Associate Director, Member Services and Communications, Association of Professional Engineers and Geoscientists of B.C.

"I had the pleasure of co-hosting a CBC News Network special with Adam when the Olympic flame arrived in Victoria. He is a dynamic speaker who is personable, smart and articulate. I very much look forward to working with him again."

- Ian Hanomansing, Journalist, CBC News: The National

"Adam is an incredibly charismatic, creative and engaging person, all attributes that come out in his speaking and motivational projects. Whether to motivate personal change in yourself and those around you or to add value to your business, I have a hard time imagining a better person for the job."

- Director, Change Management, Government of British Columbia



“One of the finest Leaders I know... I guarantee you will grow in the company of Adam Kreek, I know I did.”

- *Hockey Night in Canada, Ron MacLean*

“Your presentation really kicked off the two day session for us. We had numerous references back to your experience and journey. Because your story has many similarities to our path we will remember the analogies for years. Yours is a great story of resilience, relationship building, personal and team accountability and friendship.”

- *President and COO, Ledcor Industrial Limited*

“Adam was amazing and received a standing ovation at the end of his speech. Everyone should hear Adam Kreek speak at least once in their life. He is a kind, caring, genuine person with great stories and inspiring messages to share. He does it in a very motivating, engaging and entertaining way. I could not recommend Adam enough. He would be a great fit for any group, event or conference.”

- *Coordinator, Student Life Programs, University of Lethbridge*

Adam was nothing short of spectacular. I've talked with dozens of people about his presentation, through whom I've gotten feedback from just about all the employees and guests that attended. Words I hear from them: “very motivational,” “inspiring,” “funny,” “smart”... They were thrilled that he shared his medals and the torch with everyone, too. It was a treat to have him join us for the entire evening – he was very generous with his time and attention to all who met him.

I'm regularly hearing key words and ideas from Adam's presentation in normal conversation here at Island Savings – “own it!” – and we all found his closing of the event with singing like Kreek an inspiration. It wasn't just belting out our anthem, it was putting our arms around our colleagues and singing it TOGETHER that brought us the vibrations we're still feeling today.

- *Senior Manager, HR, Island Savings*



Our delegates look forward to and appreciate the opportunity to be inspired. Adam Kreek certainly provided that! From his tales of defeat to the incredible successes he experienced, Adam took us on his personal journey evoking tears of empathy, the sound of laughter and applause for a job well done. The sponsor for the keynote said that he was proud to be a Canadian and to have his company be affiliated with someone like Adam. We will be recommending Adam to all our provincial and territorial partners for their conferences.

- Manager, Parks and Recreation, Ontario

"My staff were absolutely inspired by Adam! He spoke of teamwork and pushing yourself out of your comfort zone - both valuable in our environment. He also spoke of how different roles and personalities can be used to make up a great team. Loved it!"

- RBC Branch Manager

"Adam Kreek is one of the greatest Olympian hosts we have had the pleasure to work with! He brings humour, joy, a full sense of engagement with our guests and his boundless energy to everything he does. His wisdom, fired in the years of world-level competition, shines through like sun breaking through the clouds. I am a very big fan of Adam Kreek."

- CEO and Co-Founder, Gold Medal Plates

"Adam Kreek can do anything. Its like superman and the most interesting man in the world had a forbidden love child."

- KreekSpeak Presentation Attendee